



Class 1 Newsletter

September 2020



Welcome back! Our ELR 1 class teacher this session is Miss MacKay, and we are supported by Mrs. McFarlan and Mrs. McIntosh. Mrs. Cuthbertson is in class on

Tuesday afternoons. We are working hard in class and learning about good choices. We really like when adults tell us when we are "getting it right".

We have gym on Mondays and Wednesdays: thank you for sending your child to school wearing a gym kit. Please note, in line with advice, we take gym outside whenever possible so plimsoll shoes may be liable to get wet. Gym bags can be kept at home as it is not possible to change in school under current guidelines.

We are enjoying riding scooters during gym and are doing well at putting on our helmets independently. Great job ELR 1!



Children can enjoy water from their bottle in class. Juice is kept in bags for breaks and lunch.



ELR 1 are fantastic role models, following the instructions to wash hands with soap and use the sanitising stations through the day.

Outdoor Learning

We will be looking for every opportunity to get out into the fresh air this term! We will be putting all our skills to good use, as we are learning in nature. Outdoor experiences are a great stimulus for Literacy and Numeracy in class and an opportunity to use our communication skills to build friendships.



We are exploring trees and habitats as we learn about Stickman, The Family Tree and all the creatures that live in the woodland. Stickman is helping us learn about our rights to be safe, make choices and ask for help.

During news time we practice our talking and listening skills. It is a special time where we can say something and then take turns to listen. We have a "Friendship Station" in our class where we can choose different conversation cards and, supported by an adult, focus on communicating with each other in different ways.



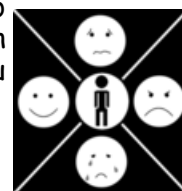
Our class "SNUG" room can be used to self regulate and calm. The children can request a brain break and use the sensory resources to unwind and get back on track. We are really pleased they are taking the opportunity to experiment with new resources.

Homework

We will be working on ways to share homework digitally over the coming weeks. In the meantime, there will be times when we will send paper or books home from school. We acknowledge that this is creating a bridge between our class bubbles and individual homes. The advice we are working to at the moment is that non-porous materials, such as paper or cardboard, should be left for 24 hours before being touched. If you are unable to do this, then please adhere to strict hand hygiene procedures, such as hand sanitising or hand washing before and after touching the materials, and avoid touching your face. These are the protocols we are following with letters/work etc sent into school.

We would be grateful if pencil cases can be left at school rather than go back and forth between home and class. A gentle reminder that school bags and lunch boxes should be disinfected or washed daily.

We are developing our emotional awareness, trying to increase understanding in how to manage our feelings. We talk a lot about having a "growth mindset" and not giving up, even when we are worried we will make a mistake. Please let me know if there is anything you wish to know about your child's learning, wellbeing or any other issue in school.



Thanks! Miss MacKay.